

# 55 Acts of Kindness for Kids

1. Hold the door for a stranger
2. Return a neighbors garbage can back from the curb
3. Conduct a mini food drive and take the food to your nearest food pantry
4. Leave a nice note for someone
5. Collect old magazines and donate them to the hospital for waiting rooms
6. Let someone in line ahead of you at school
7. Give someone a compliment
8. Pick up trash in your neighborhood
9. Do a chore for a sibling
10. Help your Mom with the dishes without being asked
11. Rake leaves for a neighbor
12. Shovel snow for a neighbor
13. Help someone carry their groceries
14. Donate toys to a charity
15. Donate clothes to a charity
16. Tell a family member how much you love them
17. Give your parents a hug for no reason
18. Talk to the new kid at school
19. Write a Thank you letter to a teacher
20. Give the bus driver a Thank you card
21. Call your grandparents just to talk

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22. Babysit your younger sibling to give your Mom a break
23. Offer to walk a neighbor's dog
24. Read a book to a younger sibling
25. Wash the car without being asked
26. Help Mom or Dad set the table for dinner
27. Volunteer to say the Blessing at dinner
28. Feed the birds, use this bird suet recipe
29. Serve your parents breakfast in bed on a Saturday morning
30. Bake cookies for neighbors. Mom can help
31. Donate your unused school supplies to a teacher
32. Make a few DIY bookmarks and tuck inside of library books for others to find and enjoy
33. Collect old toys from all your friends donate to a women's shelter
34. Set up a lemonade stand and donate all the proceeds to a local charity
35. Skip the gifts at your next birthday and ask for donations to a charity instead
36. Make greeting cards for the children's hospital. Call and ask how to deliver them. Quite likely you will have to leave them at the reception desk and their social worker will distribute them.
37. Donate your old video games to the Children's hospital
38. Smile at everyone today
39. Write a Thank-you note to someone who has been special to you this year

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40. Tell the school cafeteria worker how much you appreciate them with a simple “Thank you for what you do”
41. Share a snack with a classmate
42. Make up your siblings bed for them
43. Offer to help a neighbor pull weeds from their flower beds or garden
44. Join a community clean-up day, with parents permission
45. Hand out stickers to kids waiting in line
46. Offer to put someone’s shopping cart away for them
47. Pray for a friend
48. Clean up a mess that isn’t yours
49. Volunteer at a local animal shelter
50. Leave a Thank you note for your mail carrier
51. Leave a Thank you note for the trash collector
52. When you are out and about, hold the door open for strangers all day
53. Empty the dishwasher without being asked
54. Give the dog a bath without being asked
55. Send cards to U.S. military on active duty overseas
56. Collect old towels or blankets to donate to your local animal shelter