

## **October Meal Plan with Recipe Links**

Visit the blog post for [this Meal Plan right here](#)

**Crockpot Broccoli and Sausage Macaroni Casserole** (leftovers the next day)

**Pork Chop Casserole** 3 Ingredients of rib-sticking goodness

**Homemade Pimento Cheese Sandwiches**

**Homemade Vegetable Soup**

**Broccoli and Bacon Salad**

**Apple Stuffed Pork Tenderloin & Cabbage**

**Crockpot Corned Beef & Cabbage** (leftovers the next day)

**Zucchini Red Potatoes and Drumsticks Foil Pack Dinner**

**Crockpot Black Bean Chili**

**Sheet Pan Nachos** (good football food)

**Chicken Fajita Wraps with Cilantro-Lime Sauce**

**Crockpot Lemon Pepper Wings** (Good Football food!)

**Chicken and Vegetable Casserole** (No rice and No noodles!)

**Crabmeat Stew** with Crackers

**Rotisserie Chicken Salad Sandwiches** (skip the bread for fewer carbs)

**Cheez-It Crusted Baked Chicken Tenders**

**Air Fryer Catfish Nuggets**

**Parmesan Italian Crusted Salmon**

**Chicken Cordon Bleu**

**Crockpot Taco Soup**—easy dump recipe

**Grilled Bacon Pimento Cheese with Pepper Jelly Sandwich** or plain old fashioned Grilled Cheese Sandwiches with Chips

**Cheerios Crusted Baked Chicken Thighs**

**Oven-Baked Smothered Cube Steak** (made from scratch with homemade gravy, Video included)

**Fall Dessert Recipes To Try**

**Cream Cheese Stuffed Pumpkin Spice Sweet Rolls** (not quite from scratch)

**Apple Cinnamon Roll Coffee Cake & Apple Cream Cheese Icing**

**Skillet Chocolate Chip Cookie aka Pizookie**

**No-Bake Halloween Dessert Bars**—Sweet and Salty

**Breakfast Recipes**

**Pumpkin Banana Bread**

**Southwestern Breakfast Skillet** —low carb version

**The Secret to Making Good Grits**

**Bacon and Swiss Quiche**

## **Halloween Food and Ideas**

***Cute Creatures Printable Halloween Bingo Game***

***Halloween Brownie Parfaits***

***Silly Spider Web Halloween Wreath***

***21 Clever Trunk or Treat Ideas To Inspire Your Creativity***

***Bible Costumes & Trunk or Treat Ideas***

***Seven Super Easy Halloween Party Food Ideas***