

# 60 Things I Learned In 59 Years

- Commitment requires sacrifice.
- Decisions net consequences.
- Make new friends and keep the old.
- Wash white clothes separate.
- You will not be remembered for whether or not you made your bed but make it anyway.
- All people experience grief differently. Allow others to grieve.
- Animals grieve too.
- Listen to the stories your parents and grandparents enjoy sharing.
- Pull your pants up. No one cares to see your underwear.
- Once you complete any project or task, ask yourself "what can I do to make this better?"
- Do not compare yourself to others. Just Be Yourself.
- Ask questions.
- Make your own informed decisions. Do not rely on social media/news media for answers.
- Do not spread false information. If you do not know it to be an honest fact then, don't even talk about it.
- Negotiate. The worst thing that can happen is they say no.
- Do not share photos of other people's tragedies on social media.
- Your cause is a good cause, it's just not my cause and that's ok.
- Volunteer somewhere at some point in your life.
- Do not text and drive.
- There has never been a person born whose purpose in life is to wait on you hand and foot.
- Do not say or do things intentionally which you know will hurt another person.
- Clean up behind yourself.
- Be respectful of elderly.
- Learn manners.
- Use those manners that you have learned.